

## **Pre-Op Instructions for all Vein Procedures**

You will be seeing the provider prior to the procedure if you have any additional questions the day of procedure.

You **MUST** have someone drive you to and from your procedure appointment if you will be taking Valium.

Please no caffeine the day of your procedure if you are having an EVLT and RFA. You may have caffeine afterwards. If you consume Caffeine your procedure may need to be rescheduled.

If you are having microphlebectomy ONLY, you may have caffeine.

If you are taking Valium, please remember to take your first Valium 30 minutes prior to the procedure check-in time. You will take the second pill upon arrival.

Make sure you eat as you normally would prior to your procedure.

Please drink plenty of water, the more the better.

**Please bring your compression stockings with you to the procedure.** You will be required to wear compression stockings for seven days (or as instructed) after your procedure. If you do not yet have a pair, we do offer a selection for purchase in our office.

You may have an Ace bandage placed on your leg, please wear appropriate pants to accommodate for this.

You will be undressing from the waist down for the procedure. You will be covered with a large drape during the procedure.

**Please call 303-449-8346 with any questions.**